What are macOS Background Updates?

You can view or modify software update settings for macOS.

Default settings on macOS enable Apple to routinely and silently push out updates to your device. You can view or modify this preference in the Software Update preference pane:

Background updates include important updates to these built-in macOS security tools:

**Gatekeeper**: Validation of 3rd party applications
**Malware Removal Tool (MRT)**: Anti-malware
**XProtect**: Signature-based antivirus

In the Automox console Group settings, you can select **Disable OS Automatic Updates** under OS Patch Management.

With this setting, background updates will be managed in the Automox console, and appear as follows:

Gatekeeper Configuration Data
MRTConfigData
XProtectPlistConfigData

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